Tugas Temu Alumni :

Menghadapi Critical Life Skill

**1. Problem Solving and Decision Making**

The most effective method uses both rational and intuitive or creative approaches. There are six steps in the process:

1. Identify the problem
2. Search for alternatives
3. Weigh the alternatives
4. Make a choice
5. Implement the choice
6. Evaluate the results and, if necessary, start the process again

**2. Critical and Creative Thinking**

**Critical Thinking**: the ability to analyze available facts, evidence, observations, and arguments to form judgments.

**Creative Thinking**: the ability to see things differently and find new ways to solve problems, think outside the box.

**3. Communication and Interpersonal Skill**

**Communication skill**: the ability to convey, receive, and process information.

**Interpersonal skill**: conflict handling skills, teamwork, empathy, listening, and positive appeal.

Example: friendliness and empathy, public speaking, active listener, trust, etc.

**4. Self-Awareness and Empathy**

**Self-awareness**The ability to focus on ourselves and how our actions, thoughts or emotions are or are not aligned with our internal standards.

**Empathy**  
The ability to focus on ourselves and how our actions, thoughts or emotions are or are not aligned with our internal standards.